



How does Radio Frequency Skin Tightening work?

When treating the face, the Radio Frequency probe will heat the skin to a temperature of 38-40 degrees Celsius. A smaller probe will be used to treat the eye area, which heats the skin to 36 to 38 degrees Celsius. This thermal energy stimulates the growth and strengthening of collagen, which is a protein that contributes to elasticity of the skin.

If you are undergoing Radio Frequency Skin Tightening on the body, then the Radio Frequency probe will heat the skin to a temperature of 40-45 degrees Celsius. In order to achieve these higher temperatures, a larger probe is used when treating the body.

The temperature of the skin will be monitored throughout the treatment to ensure that it does not get too hot.

What is Radio Frequency Skin Tightening?

Radio Frequency Skin Tightening is a safe and non-invasive treatment, which uses heat to encourage the production of collagen and tighten the skin.

Our Radio Frequency Skin Tightening treatment can be used for the face and the body. The procedure helps to reduce the appearance of dark circles under the eyes, and decrease signs of ageing such as wrinkles.



Post-treatment care

It is normal to notice mild redness in the area after the treatment. The area may also feel a little tender. This is nothing to worry about, and will generally fade within a few days. Please follow the aftercare instructions below, which will help you to get the best results:

Avoid hot environments such as saunas, steam rooms and hot showers for a minimum of 72 hours after the treatment. If you have a bath or a shower, use warm water.

Do not undergo any heat treatment for at least a few days, as this may make the area feel sore.

Apply C TOX Serum to the area at least once a day following the procedure, to stimulate collagen synthesis.

When will you see results?

It is important to note that results vary from person to person, and the results that you see will depend on your body and the number of treatments you have had. Typically, our clients notice results in the first few weeks following the treatment.

How to track your process:

Take pictures for comparison. When you look at your body every day, you may not notice gradual changes. Take a picture before the treatment, and once every one or two weeks after the treatment, so you can compare.

FAQ (Frequently Asked Questions)

Is the treatment painful?

Radio Frequency Skin Tightening is a non-invasive treatment, and many clients do not experience any pain or discomfort during the treatment. However, some clients may feel discomfort from the heat. Do not worry – the skin is monitored throughout the treatment with an infra-red thermometer to make sure that it stays at the right temperature.

How long will it take for me to recover?

There is no downtime for Radio Frequency Skin Tightening, and you can resume your daily activities immediately after the treatment.

How many sessions will I need?

The number of sessions that you need will depend on which areas you would like to treat and your goals. Generally, we recommend a course of 6 to 8 sessions for the best, long-lasting results.